



European Health Property Network

# EUROPEAN HEALTH PROPERTY NETWORK

## 2018 WORKSHOP

Gothenburg, Sweden: 25-27<sup>th</sup> September

### *Research and Evaluation for Care Infrastructure Closer to Home*



*In collaboration with:*



**CHALMERS**  
UNIVERSITY OF TECHNOLOGY

**white**

**European Health Property Network  
2018 Workshop  
Gothenburg, Sweden, 25-27<sup>th</sup> September**

***Research and Evaluation for Care Infrastructure Closer to Home***

**What's the challenge?**

Across Europe, we need health systems focused on care closer to the patient. Chronic illness and multi-morbidity – particularly concerning, but not restricted to, older citizens – means that care models must respond appropriately. Hospitals remain important and valued institutions, but citizens need access to timely intervention and treatment at a more local level, and capital investment needs to shift to meet this demand. In this case, the health estate – the physical infrastructure and the technology of health and healthcare – must also respond and adapt.

But how do we know what should change and where to invest? What evidence should be used to plan, design and build the future infrastructure of care? Who is researching the way forward, and how is analysis and evidence being used by the policy makers and the professionals with responsibility for the healthcare built environment? How can we best learn from each other?

These challenges and questions sit at the heart of the 2018 workshop's themes:

***What is the future for health systems and health infrastructure designed for care closer to home?***

***How can we build a strong, pan-European knowledge base to meet this need, using academic research and practitioner experience in a structured way?***

This year we look at infrastructure development outside the field of grand hospital developments, by concentrating on community hospitals and smaller-scale mental health units, enhanced primary care centres and specialist health secondary care facilities. We will be presenting cases from across Europe to help us to explore the trends and the challenges.

Our cross-cutting theme is the need for structured and well-evidenced strategic planning and design based on high quality evidence and a sound knowledge base. As well as the contribution from traditional academic approaches to health building research, we will also explore new ways to plan, design and evaluate the built environment, by using Virtual Reality (VR) technologies and Artificial Intelligence (AI) systems.

**Who should come?**

As in recent years, the EuHPN 2018 workshop is an opportunity to engage with an eclectic mix of individuals and organizations, representative of every aspect of health infrastructure development. Participants typically represent a wide variety of professional backgrounds: health policy makers, healthcare architects and engineers, health system planners, clinical/medical professionals, capital investment experts, health infrastructure academic researchers, and many others. The annual EuHPN workshop is structured to give our member organisations an opportunity to share examples of best practice and to learn from each other's experiences. But the workshop is also an important opportunity for participants to hear from outside our immediate network and from a range of professionals who bring different perspectives.

# Workshop Programme

**Chalmerska huset, Gothenburg, 25-27 September 2018**

## **Tuesday, 25<sup>th</sup> September**

**12.30 – 13.30 Welcome buffet lunch**

EuHPN welcomes the speakers and audience participants to the 2018 workshop. Please join us for a buffet lunch in the elegant surroundings of the Chalmers villa, register at your leisure and meet fellow workshop participants.

**13.30 – 14.30 Welcome, introductions and context setting: Gothenburg; Sweden; Europe**

Europe's healthcare systems have a responsibility to invest in care models which will meet future health need, by moving care from care silos (hospitals and health centres) to community and home environments. This means changes to the skill mix of the healthcare workforce, the kinds of technologies in use, the relationship between healthcare practitioners and citizens, and – crucially – the physical infrastructure of healthcare.

Invited speakers will examine how this playing out in Gothenburg and Sweden, as well as the nature of trends across Europe and beyond. In addition, EuHPN's Executive Director will use the history of the network to look at how knowledge about the healthcare built environment has changed over the past two decades, and to ask if we have learned any lessons. The talk will draw on previous workshops, pan-EU project activities, EuHPN publications and numerous case studies from around Europe.

**14.30 – 15.30 Session 1**

### **Research frontiers in care infrastructure**

If health system planners and capital investment experts are going to make good decisions about how to best use scarce resources, they need solid evidence about which kinds of environments and buildings are going to support high quality, accessible care and value for money.

Session 1 sets the scene for one of the main themes of this year's workshop by asking – and debating – some key questions:

What is the contribution of academic and practitioner research to sustainable healthcare infrastructure development? How can we ensure that the outcomes of research are easily available to the people who plan, design, build and maintain health and social care facilities? Can we build a pan-European

knowledge base, mobilising useful knowledge from north to south, east to west?  
How do we include healthcare professionals and citizens/patients in research activities?

*Invited speakers from the Centre for Healthcare Architecture, Chalmers University of Technology and from research centres in the UK and Belgium.*

15.30 – 16.00 Coffee break

16.00 – 18.00 **Session 1 (continued)**

### **Research frontiers in care infrastructure**

After coffee we return to our research theme, to hear from practitioners who are using emerging research to guide their projects. Here we use ‘research’ in the broad sense programmes which systematically discover and organise the data, analysis and knowledge which will benefit the planning and design of healthcare facilities.

18.00 – 19.30 **EuHPN Workshop drinks reception  
The Bank Vault, Chalmersska huset**

The Chalmers villa was used as a bank headquarters for many decades, and during this period the bank’s owners constructed Sweden’s first custom-built safety deposit vault, to hold the valuables and confidential documents of Gothenburg’s merchants. Nowadays the bank vault is on show as an attractive and history-rich reception area, and we invite workshop participants to join us in this unique setting for drinks, canapes and the opportunity to network and swap ideas with colleagues.

## Wednesday, 26<sup>th</sup> September

09.00 – 11.00 **Session 2**

### **Alternatives to the ‘general hospital’ – sub-acute facilities; specialist treatment centres; enhanced community and primary care**

If capital investment in large scale, new hospitals is paused or no longer appropriate, where should we focus our resources and expertise in planning and design? How can we ensure that care is truly ‘closer to home’?

We see different responses across Europe. For some years, Northern Ireland in the UK led the way in creating enhanced community and primary care centres, while reducing the number of general hospitals and focusing specialist expertise in a smaller number of secondary and tertiary units. Other countries in the UK are now similarly engaged with a major shift towards technology-enabled, locality—based, integrated health and social care services. Some regions of Spain have recently introduced much more comprehensive care networks outside the hospital environment, shifting the balance towards a community-based service, while others have experimented with ‘light’ hospitals – sub-acute facilities which offer planned surgery, outpatient clinics and diagnostic services, but without in-patient acute care beds or emergency departments. Finland has recently led the way in pushing forward with health and social care integration, using new technologies and a differently skilled workforce to look after patients outside the walls of the hospital.

In essence, we see the same kind of model being promoted and enacted across much of Europe. But is it really working for patients, and will it be sustainable?

*Speakers from Spain, Finland and the UK.*

11.00 – 11.30 Coffee break

11.30 – 13.00 **Session 3**

### **The forgotten service? Rethinking environments for mental health.**

Mental health care is increasingly driven by a need to keep patients out of hospital and long-stay environments as far as possible. And when people do need to access in-patient services, evidence clearly shows that they need homely, attractive and calm surroundings. A number of research and design centres are leading the way in meeting this challenge, and this session will focus on three exemplar cases, drawing on the problems faced and evidence and research which point to solutions.

*Speakers from Malta and Sweden.*

13.00 – 14.00 Lunch, networking and sponsor exhibitions

14.00 – 15.30 **Session 4**

**Pushing the boundaries of planning and design for future care infrastructure: using Virtual Reality and Artificial Intelligence to create new environments**

Virtual Reality (VR) and Artificial Intelligence (AI) systems are not new, but their application to the fields of healthcare infrastructure planning and design is still at an early stage. VR can provide health infrastructure professionals with enhanced perspectives on the needs of patients and staff, and AI may have an important role in guiding choices about where to invest, and in which kinds of facilities.

This session will present some cutting-edge examples of the use of these technologies (from Italy and the UK) and will additionally offer the opportunity for workshop participants to have some hands-on experiences.

15.30 – 16.00 Coffee break

16.00 – 17.00 **Session 5: Study tour orientation**

The Carlanderska hospital, the Angered hospital and the Nöt Karnan bergsjön center each meet the unique healthcare needs of local populations in Gothenburg in different ways. Whether it is through the healing properties of the natural environment, the specific healthcare requirements of deprived communities, or the personalized approach to primary healthcare, each facility has an important design message, which is relevant to this year's workshop themes.

We are fortunate to have the opportunity to hear from the expert professionals who have been involved in the planning, design and operation of each of these three facilities. This will provide valuable context and background for the study site visits on day 3 of the workshop.

17.00 – 17.45 **Keynote address**

**Better by design: guiding principles for health-enabling environments**

Professor Roger Ulrich, PhD, Center for Healthcare Architecture, Chalmers University.

Roger Ulrich, PhD, is Visiting Professor of Architecture at Chalmers and professor emeritus of architecture at Texas A&M University. He is the most frequently cited researcher internationally in evidence-based healthcare design and received the title Change Maker of the Year 2015 due to his contributions to this field of research.

EuHPN is delighted that Professor Ulrich has agreed to provide a keynote speech at our workshop.

**19.30 – 22.30 Workshop dinner at the Eggers Hotel, central Gothenburg.**

The Eggers hotel is an original, a one-off experience of late 19<sup>th</sup> century construction to serve Sweden's growing and increasingly mobile urban population. Close by the central Gothenburg train station, this opulently decorated hotel retains the charm of its original features, coupled with modern Swedish cuisine.

The EuHPN workshop dinner is an opportunity to engage in further discussion with the workshop presenters and panel members, forge new relationships with healthcare infrastructure professionals from around Europe and enjoy a memorable meal in good company.

**Thursday, 27<sup>th</sup> September**

**08.30 – 12.00 Study tours of the Carlanderska Hospital, the Angered Hospital and the Nötkarnan bergsjön center.**

Participants can choose from itineraries which will visit two of the three study sites. This is your opportunity to see the design features up close and to hear from the staff who use these buildings every day. This year we have included study tour briefings as part of our day 2 schedule, so you should arrive already primed with some key understanding of the rationale for these developments. Please refer to the study tour information section for more details of these buildings.

12.00 – 13.00 Lunch

**13.00 – 15.00 Session 6: Reshaping our environment for future care**

We end the 2018 EuHPN workshop with presentations from individuals who will offer some unique perspectives on the shifting boundaries between health and social care and the need to hear from different stakeholders, such as citizens, local councils and the voluntary sector.

In the closing remarks the EuHPN Chair, who completes four years in her role, will reflect on two visions for the future: the ideal environment for care in the 21<sup>st</sup> century, and role of healthcare infrastructure research in reaching this goal.

## Study tours

### Carlanderska Hospital



The Carlanderska is a truly unique hospital. Since opening in 1927 it has been committed to providing the highest standards of healthcare within a beautiful and friendly atmosphere. Much of the lush, green surroundings of the original country estate has been preserved. Along with the impressive building itself, the patients think that this has a ‘revitalizing effect on the mind’.

In order to remain an attractive hospital with optimal care in purposeful premises, White Architects has designed an extension where old meets new, modern technology and where the cultural and historical environment is preserved. The Carlanderska is a specialist hospital, but it doesn’t sit as an isolated silo – it is fully integrated into the healthcare system in the Västra Götaland region and is part of the web of care from home to hospital and back to home.

### Angered Hospital

The mission of Angered Hospital is to serve the community with accessible, welcoming, quality health care based on the needs of the local residents. The hospital employs the latest technology, conducts innovative research, and



collaborates extensively with local residents. Angered Hospital’s work is human rights-based, which means that it works to respect, protect, promote, and realise human rights, and in particular the right to health, for all residents and patients. This work is based on the principles of equality and non-discrimination, participation and inclusion, and accountability.

Angered Hospital has a unique public health and health promoting assignment which entails promoting health equity among residents and patients as well as employees. Public health interventions, which are implemented in collaboration with community, regional, and national partners, are based on national public health objectives and policies as well as the needs of the population. Outreach activities are a central component of health promoting work.

## Nötkarnan bergsjön center



Vårdcentralen Nötkärnan is a primary health center in Bergsjön, Gothenburg, that opened in 2016. It has been awarded two international design awards (at World Architecture Festival in Berlin and at European Healthcare Design in London), and it has been nominated for several prestigious national awards. Wingårdhs Architects designed a facility with facades in strong colors that give a moving impression when passing. The interior's rainforest in glass is the vision of paradise taken from the cultures that are most strongly represented in Bergsjön: Somalia and Iraq. The combination of committed patient work and engaging architecture together show the importance of a good-looking care.

## Venue and Travel

### Chalmersska huset

The venue for the 2018 European Health Property Workshop is the Chalmersska huset, located at Södra Hamngatan 11, 411 14 Göteborg. The Google maps reference is here:

<https://goo.gl/maps/iM894Kt4AQS2>.



The Chalmersska huset (the Chalmers villa) sits in the middle of Gothenburg and the Stora Hamn Canal, and 10 minutes walk from Gothenburg Central Station.

For more than 200 years, the Chalmers villa served as a house for several famous Gothenburg families, but also a platform for business and enterprise.

These days, the Chalmers villa houses the cradle of Chalmers University of Technology. Thanks to the founder William Chalmers' legacy, this site became the nucleus of a highly-ranked university that, over the years, has trained over 55,000 students and created world history through, among others, Nobel laureate Gustaf Dahlén.

### Travel information

Gothenburg airport is located 20 km from the Central Station. There are several bus services to the city center. Further information is available from the airport website:

<https://www.swedavia.com/landvetter/bus/>.

The alternative to flights to and from Gothenburg airport is to fly to Copenhagen and then take a train to Gothenburg directly, or via Malmo Central Station, from the airport. The train options are available from the SJ website (<https://www.sj.se/en/home.html>) The direct train journey from Copenhagen airport to Gothenburg should take just over 3 hours and 20 minutes.

## Accommodation information

EuHPN has arranged discount accommodation with two central Gothenburg hotels, the Clarion Post and the Hotel Eggers.

### Clarion Hotel Post

Drottningtorget 10411 03 Gothenburg , Sweden (<https://goo.gl/maps/jcUvJXi39uT2>)



The Clarion Hotel Post is a contemporary design hotel in central Gothenburg, located in front of the Gothenburg Central Station and 10 minutes walk from the Chalmersska huset. The stunning architecture of the old Posthuset (Post Office) has been preserved and enhanced by an equally spectacular refurbishment. Enjoy the award-winning restaurants, as well as the popular bar, spa and rooftop pool.

Price for double rooms with single occupancy: 1495 SEK/night. Breakfast, wifi, gym and entrance to our rooftop pool is included in the room rate. How to make the reservation: email to [group.post@choice.se](mailto:group.post@choice.se). Booking reference: EuHPN 2018 - 2099GR020453. There is a special discount valid till 25th August.

### Hôtel Eggers

Drottningtorget 2-4, 411 03 Göteborg (<https://goo.gl/maps/UxTFtdg6Jny>)

The Hôtel Eggers is situated in the middle of Gothenburg, with the central train station, trams and buses on the doorstep and 10 minutes' walk from the Chalmersska huset. With parquet flooring and oriental carpets, as well as stucco decoration and chandeliers adorning the ceilings, the hotel offers a setting that differs from the usual hotel interiors.



Price for double rooms with single occupancy: 1295 SEK/night. Breakfast and wifi is included in the room rate. To make a reservation email [Info@hoteleggers.se](mailto:Info@hoteleggers.se) using booking reference 308118. There is a special discount valid till 24th August.